

Amendments to the Claims

The current listing of the claims replaces all previous amendments and listings of the claims.

1. (Previously Presented) Three-dimensionally adjustable armrest, comprising:
 - an armrest carrier configured to be adjusted in height; and
 - an arm support configured to be adjusted longitudinally in a horizontal plane and to be rotated through at least 90° about an axis,
 - wherein the axis is eccentric in relation to an axis of symmetry of the arm support which runs in a seat direction, and the longitudinal adjustability and the eccentric rotatability of the arm support are achieved in that a carrying panel of the arm support is connected to a longitudinally running guide in which guide noses of a rotary part run, the rotary part mounted in a rotatable manner in a rotary bearing at a top end of the armrest carrier, and the guide-arranged parallel and eccentrically in relation to the axis of symmetry of the arm support.
2. (Previously Presented) Armrest according to claim 1, wherein a vertical distance between a point of eccentric rotation and the axis of symmetry of the arm support is between 5 and 15 mm.
3. (Previously Presented) Armrest according to claim 1, wherein the guide is arranged in a housing which is screwed to an underside of a carrying panel by screws, and connection to the rotary part is achieved in that a retaining plate is provided above the guide, the retaining plate screwed to the guide noses of the rotary part via retaining screws.
4. (Previously Presented) Armrest according to claim 1, wherein the armrest carrier comprises a carrier, which is connected to a seat via a seat flange configured to be adjusted transversely to the seat direction, and a sleeve, which slides on the carrier and in the top end of which is provided the rotary bearing with the rotary part, and in that vertical rotary

latching protrusions are provided on a circumference of the rotary part and horizontal expandible latching protrusions are provided between an underside of the housing and the rotary part, such that the arm support is configured to be fixed in a number of positions both in a rotary direction and along the seat direction.

5. (Previously Presented) Armrest according to claim 1, wherein, with the arm support rotated through 90° in relation to the seat direction, a distance between two arm supports configured to vary by up to 2 cm on each side.

6. (Previously Presented) Armrest according to claim 1, wherein the arm support is configured to be rotated through at least 180°.

7. (Previously Presented) Armrest according to claim 3 or 5, wherein the arm support is configured to be fixed in rotary positions which differ from one another by 15°.

8. (Previously Presented) Armrest according to claim 5, wherein the distance between the two arm supports of the chair is configured to be from 30 cm to 55 cm.

9. (Previously Presented) Armrest according to claim 1, wherein a vertical distance between a point of eccentric rotation and the axis of symmetry of the arm support is 10 mm.

10. (Previously Presented) Armrest according to claim 1, wherein the guide is arranged in a housing which is fastened to an underside of a carrying panel, and connection to the rotary part is achieved in that a retaining plate is provided above the guide, the retaining plate fastened to the guide noses of the rotary part.

11. (Previously Presented) A chair, comprising:
an adjustable armrest comprising:
a carrier adjustable in height; and
a support adjustable longitudinally in a horizontal plane and rotatable through at least 90° about a first axis,

wherein the first axis is disposed eccentrically relative to an axis of symmetry of the support extending in a seat direction,

the support is connected to a longitudinally extending guide in which a protrusion of a rotary component is configured to move, the rotary component mounted in a rotary bearing disposed in the carrier, to thereby permit longitudinal adjustability and eccentric rotatability of the support, and

the guide is disposed parallel and eccentrically relative to the axis of symmetry of the support.

12.-19. (Canceled)